

Belize: Herbs of the Rainforest

16 CE hours available from NYCC, ACBN eligible

Join Dr. Jeanne D'Brant in a profound exploration of the natural wonders of the Central American rainforest. Gain hands-on experience of the profound healing power of rainforest medicinal and a new appreciation of the exquisite splendor of the flora and fauna of Belize. Tour the extensive rainforest medicinal trails at Ix Chel Farm and Barton Creek.



Itinerary 8 days
Cost: \$3,450 All Inclusive

- ◆ **Round trip airfare NY to Belize**
- ◆ **7 nights luxury hotels, including break fast, lunch and dinner**
- ◆ **all ground transfers and activities**
- ◆ **riverboat and motor coach excursions**
- ◆ **optional zip lining excursion**

Walk medicinal trails with an indigenous guide and participate in a powerful Mayan plant healing ceremony led by a traditional shaman. Go cave tubing on a gentle, underground waterway observing the top-lit rainforest from below. Drift down a lazy river surrounded by howler monkeys. Enjoy a crocodile-watching boat excursion. Explore the world-famous Mayan ruins of Cochan and safari in a river boat to view exotic birds, dolphins and water plants. Finish your week in paradise with a two day visit to Ambergris Caye, "La Isla Bonita," a diving and snorkeling mecca. Explore the Belize Barrier reef, a Unesco World Heritage site, and snorkel the Hol Chan preserve amidst its abundance of corals, fish, turtles and friendly nurse sharks and rays.



Biology professor Jeanne D'Brant, DACBN, DC, CTN, RH has traveled to 45 countries on 5 continents. This is her third field trip to the MesoAmerican Biological Corridor. Join us for a unique educational adventure while earning CE and ACBN credits!



Talisman Cultural Tours

Contact: (631) 594-1387 or (631) 754-3430